

Mental Health Resources for Developmental, Mental Illness, Substance Use, and Traumatic Brain Injury

When a mental health crisis occurs, most people don't know what to do or where to go for help. So here is a simple action plan:

Active Crisis:

- If you have an **active dangerous situation**, you can **call 911**, try asking for a CIT responder
- If you are or have a person in distress, **call or text 988** to speak with a counselor
- If you are trying to cope with an urgent situation, but can transport your person safely, you may go to the Behavioral Health Urgent Care, 336-955-8430, at 650 North Highland Ave. Suite 100, Winston-Salem, NC
 - <https://www.daymarkrecovery.org/locations/bhuc-forsyth>

Need to Arrange Help and services:

- If you have **private insurance**, often through an employer or purchased on the 'marketplace,' call the number on your plan card and ask for help finding mental health services and supports.
- If you are not insured or on Medicaid, contact our Local Management Entity/Managed Care Organization-**Partners Behavioral Health**- they establish a network of providers, and act as the 'insurance company' for clients. They also offer trainings free for ANYONE, trying to learn more about mental health situations.
 - 1-877-864-1454
 - <https://www.partnersbhm.org> – search for providers, services definitions and supports by disability category.
 - Training Academy- <https://www.partnerstraining.org>
- If you are uninsured or using Medicaid or Medicare- **Kintegra** is a Federally qualified Critical Access Behavioral Health Agency with behavioral health staff at NC Family Medicine & Behavioral Health at 154 Government Center Dr, Mocksville Info 336-477-2233 Appointments 704-874-331
- There are folks at the **Davie County Department of Consolidated Health and Human Services**, off Farmington Road at I-40, who can help you navigate this process.
 - 336-753-6750.

Local Resources are offered via professional services or community supports:

This list is not comprehensive but can get one connected and started on a road to services, trainings, supports and recovery when possible. Services are care that is paid for by insurance, or are free through a public entity, or paid out of pocket. Supports are offered either through a care provider with fees, or via local non-profit agencies usually for free. Look for the services and supports you need in the category(ies) that the person has been diagnosed or suspected to need evaluation for a diagnosis.

IDD-Intellectual and Developmental Delays/Disabilities

- Children often receive services through the school system's Department for Exceptional

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Children- 336-751-2491, <https://www.godavie.org/departments/exceptional-children>

- Adults may receive services and supports via
 - Milling Manor- residential and daily activity supports-336-751-5014 ○ Monarch-Daily Activity supports-866-272-7826
 - RHA- supported residential living- Raleigh Administrative Office 919-803-2960
 - Davie/Forsyth Chapter of the Autism Society, email davieforsythchapter@autismsociety-nc.org .
 - Down Syndrome of Greater Winston-Salem info@dsagws.org.

There is a need for local support groups and supportive agencies for families coping with IDD diagnoses in Davie.

MI/SMI/SPMI - Mental Illness, Serious Mental Illness or Serious and Persistent Mental Illness

- CareNet Counseling of Davie County, Davie Medical Center, 329 NC Hwy 801 N, Bermuda Run, NC 27006
- Daymark Recovery Services- 336-751-5636 or <https://www.daymarkrecovery.org>
- Dragonfly House Children's Advocacy- for Families with special circumstances
- Karen Rose-134 W Water Street, Mocksville, NC- Licensed Independent Social Worker/Counseling
- Kintegra Behavioral Health- 154 Government Center Dr, Mocksville, NC Family Medicine & Adult Behavioral Health- Info 336-477-2233 Appointments 704-874-3316
 - 172 Clement Street, Mocksville, for children and families 336-477-2251
 - In school services at DCHS, DCECHS, NDMS, SDMS, WRDE, CZE
- House of Hope Piedmont, 217 Dayspring Way, Mocksville, NC 336-492-2476, Home and services for troubled girls aged 13-17, houseofhopepiedmont.org Bob Baily dbailey02@triad.rr.com
- The Mental health Association of Forsyth supports Davie Residents, A non-profit, nongovernmental agency that is dedicated to improving the quality of life for persons affected by mental illness through advocacy, education, and support services. Triadmentalhealth.org , 1509 South Hawthorne Rd, Winston-Salem, NC 27103 336-7683880
- The Neil Group, Inc, 1007 Howard St, Mocksville, Nc 27028-2548, 336-774-1294, Outpatient, Family Therapy, Neurobehavioral Exam
- NAMI NW Piedmont, NC supports Davie County Citizens through free programs via trained volunteers with lived experience
 - Support Groups and Educational Classes and presentations. <http://naminwpiedmontnc.org/> where you can learn more, find contact information, and join us for support or in advocacy.
 - Facebook where you have easy access to timely articles, news, and program, or event notices. <https://www.facebook.com/NAMI.NWP.NC>
- Old Vineyard Behavioral Health Services, Contact Crystal Bivens Robertson 336-406-2831, or crystal.robertson@uhsinc.com

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SUD- Substance Use Disorder

- Daymark Recovery Services- 336-751-5636 or <https://www.daymarkrecovery.org>
- Old Vineyard Behavioral Health Services, Contact Crustal Bivens Robertson 336-4062831
- Southern Family Medicine, Inc. 121 Country Lane, Mocksville, NC 336-753-1230
- AA meetings <https://district-21-aa.com/join-us/>
- NA-Narcotics Anonymous- in person meetings at the 1st Presbyterian Church in Mocksville, and virtual meetings Tcana.org, Cyndi & John Connery, Cyncync60@gmail.com
- Substance Abuse Family Education-S.A.F.E Program, contact via Facebook [https://www.facebook.com/search/top?q=substance abuse family education - safe](https://www.facebook.com/search/top?q=substance+abuse+family+education+-safe).
Or substanceabusefamilyeducation.godaddysites.com, Jason Ijames
Mountzioncommunitychurch7@gmail.com

TBI- Traumatic Brain Injury

Supports for Traumatic Brain Injury have been offered via the **IDD** providers and may be located through the Local Management Entity- Partners Behavioral Health, at <https://www.partnersbhm.org/traumatic-brain-injury/> or call 1-877-864-1454. The state is in the process of separating and defining services that will be specific to the needs of persons with TBIs, more information here: <https://www.ncdhhs.gov/divisions/mental-healthdevelopmental-disabilities-and-substance-abuse/traumatic-brain-injury>