

# February 2021 Event Calendar



**KNITTING CONTEST (due Feb. 26):** Senior Services would like to invite you to participate in our first ever Knitting Contest! Winner of this contest will also receive a prize. **Open to all that are 55 or older. Contact Senior Services for rules.**

## **FEBRUARY BIRTHDAY PARTY** **Tuesday, Feb 2 at 2:00 PM**

If you were born in February, join us for a drive-thru celebration! Pick up your cake and ice cream to take home, or you are welcome to pull into a parking space and enjoy it here. **Someone 55 or older in each car must have a birthday in February. Call to reserve your spot no later than Friday, Jan. 29.**



## **Origami Heart Craft from your Car!**

**Wednesday, Feb 3 at 1:00 PM**



Come join us in the back parking lot for our first Car Craft! Bring a hard surface with you, and we will provide the remaining supplies. If you'd like to participate virtually, all you will need is a square sheet of paper. **Sign up by Monday, Feb 1. Please let Senior Services know if you will be coming in person or participating virtually. Open to those 55 and older.**

## **Health Seminar: COVID-19 Vaccine Q & A**

**Thursday, Feb 4 at 2:00 PM via Zoom and Parking Lot Radio**

This will be your chance to gather all the important facts about the COVID-19 vaccine. This event is in partnership with the Davie County Health Department. **Please sign up no later than Tuesday Feb 2. Open to all ages.**



## **Black History Month Celebration Two Part Event**

**Wednesday, Feb 10 at 3:00 PM on Facebook**

**Wednesday, Feb 17 at 3:00 PM Parking Lot**

**Speaker: Alice Brown**

**Special Music: John Quincy Steele**

Join us for our first two part Black History Month event. The topic will be 1619-1865... Our Journey, Our Songs. Alice Brown will speak about the Exodus from Africa, The Middle Passage Across the Atlantic, Arrivals in the New Land in 1619, Life on the Plantation, Harriet Tubman, Levi Coffin and the Underground Railroad, Fredrick Douglas, President Abraham Lincoln, and Freedom. We would like to thank the Graham Family for organizing this year's program. **Call Senior Services to sign up for a space in our parking lot! Open to all ages. Parking Lot Event will also be broadcast on Facebook Live.**



**Tai Chi For Arthritis and Fall Prevention: Tuesdays & Thursdays via Zoom from 11:00-11:45 AM.** Tai Chi can lower your risk of falling, reduce stress, and improve balance and flexibility. Call Kelly Stellato at 336-909-5978 to sign up. Contact Senior Services in advance for Zoom link and/or help accessing Zoom.

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### **Valentine's Day Party**

**Thursday, Feb 11 from 1:00 - 1:30 PM**

Join us for our first drive thru Valentine's Day Party! We will have music playing as you drive through, say hi to staff, and pick up a Valentine's Day treat. **Reserve your spot by Friday, Feb 5. Open to those 55 and older.**



### **Mardi Gras Adult Coloring Sheet Pickup**

**Tuesday, Feb 16: 11:00 AM-11:30 AM**

Join us to celebrate Mardi Gras by picking up your Mardi Gras coloring sheets and colored pencils. **Call Senior Services to reserve your spot by Wednesday, Feb 10. Open to those 55 and older.**

### **Coffee & Coloring Social Hour via Zoom**

**Friday, Feb 19 at 10:00 AM**

After you pick up your coloring sheets, join our staff for Coffee & Coloring Social Hour. Zoom instructions will be provided to those who sign up.

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### **Caregiver Academy via Zoom: Wednesday, Feb 17: 1:00 PM**

#### **Topic: Managing Difficult Behaviors**

Join the caregiver academy to learn what to do if you are caring for someone that begins to display behaviors that are completely out of character for them. Learn how to respond to their new behaviors such as wandering, defiance, aggression, verbal abuse, vengefulness, paranoia, repetition, and delusions in ways that maintain peace and preserve dignity.

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### **Senior Games Fun Day Open House**

**When: Thursday, Feb 25 at 1:00 PM**

**Where: Davie County Community Park (site of old Davie High School)**

Join Senior Services for a drive thru kickoff event for our 2021 Senior Games season. You will have the opportunity to play games one at a time from the inside of your car and register for the 2021 Senior Games and SilverArts events. **Call Senior Services to reserve your spot no later than**

**Friday, Feb 19. Open to those 55 and older. This event is co-sponsored by Davie County Recreation and Parks.**

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**All on-site events take place outside of our building: 278 Meroney Street, Mocksville.**

**If there is a time frame listed, you can come any time during that timeframe. If just one time is listed, please come at that time.**

**Call us at 336-753-6230 to register for events or with any questions.**