

# January 2021 Event Calendar

**POETRY CONTEST (due Jan. 29th):** Senior Services would like to invite everyone to participate in our first ever Poetry Contest! Each participant will receive feedback on their work so that it will be ready to enter into the local SilverArts contest if you so choose. You do not have to be a SilverArts participant to enter. Winner of this contest will also receive a prize. **Open to all that are 55 or older.**



## **CAR BINGO!**

**Tuesday, Jan. 5: 2:00 PM**

Join us for BINGO in the parking lot. You will **stay in your car** and play. Bingo will be called over your car radio. You will want to bring a pen or pencil and some type of hard surface on which to lay your paper card. Limited to 30 cars. Open to those 55 and older. **Call to reserve your spot no later than Thursday, December 31.**

## **CROSS STITCH CRAFT PICKUP!!**

**Thursday, Jan. 7: 11:00-11:30 AM**

This month's craft will be a beginner cross stitch design. Everything you need will come in a kit. Limited to 30 participants. Open to those 55 and older.

**Call to reserve your spot no later than Tuesday, Jan. 5th.**



## **ZOOM HOW-TO CROSS STITCH!**

**Friday, Jan. 8: 1:00 PM:** Make plans to join us on Friday, Jan. 8th for a quick how-to cross stitch Zoom call! Contact Senior Services in advance for Zoom link and/or help accessing Zoom.



## **BIRTHDAY PARTY FOR JANUARY BIRTHDAYS**

**Wednesday, Jan. 13: 2:00-2:30 PM**

If you were born in January, join us for a drive-thru celebration! Pick up your cake and ice cream to take home, or you are welcome to pull into a parking space and enjoy it here. Someone 55 and older in each car must have a birthday in January. **Call to reserve your spot no later than Monday, Jan. 11th.**

**MORE ON BACK!**

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## Gmail 101 via Zoom: Thursday, Jan. 14: 12:00 PM

We are partnering with the library for some computer classes. This class will explain the basics of Gmail and more. Registration is required. To register, please email [jbaylor@daviecountync.gov](mailto:jbaylor@daviecountync.gov) or call 336-753-6030. This program is sponsored by the Davie County Public Library.



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## Tai Chi For Arthritis and Fall Prevention: Tuesdays & Thursdays beginning Jan. 19th via Zoom from 11:00-11:45 AM.

Tai Chi can lower your risk of falling, reduce stress, and improve balance and flexibility. Call Kelly Stellato at 336-909-5978 to sign up. Contact Senior Services in advance for Zoom link and/or help accessing Zoom.

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## Caregiver Academy via Zoom: Wednesday, Jan. 20: 1:00 PM

### Topic: Elder Law and Advance Care Planning

Join the Caregiver Academy to understand the pitfalls of failing to plan adequately for retirement and medical expenses resulting from long-term care. Learn now to protect yourself, your assets, and your beneficiaries by understanding the correct legal documents to ensure your wishes are followed. Contact Senior Services in advance for Zoom link and/or help accessing Zoom.

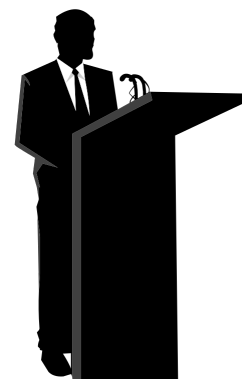
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## Meet with the Commissioners and Town Representatives

### Thursday, Jan. 21: 1:00 PM

Join us in a discussion based session with our County Commissioners and Town Representatives. This will be a time to ask all of your questions, voice suggestions, concerns, or praises. We would like to invite all of our participants to join us via Zoom, phone (toll number), or, for those without internet, join us in our parking lot for a radio broadcast of this program.

**Open to all 55 and over. Contact Senior Services at 336-753-6230 to sign up for this event and let us know if you will be attending via Zoom, parking lot, or phone.**



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## Caregiving Seminar: Tuesday, Jan. 26: 2:00 PM

### Facebook Live with Kelly Sloan

Topic: Caregivers & Respite - What they are and why they're important.

You can watch via Facebook Live - just search Davie County Senior Services in the search bar on Facebook. You do not have to have Facebook to watch the video.

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Stay tuned for more January Seminars to come...

Senior Services will be closed January 1 and January 18 for holidays.