

# September, 2020

## Special Events



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### Celebrating National Senior Center Month Senior Centers: Delivering Vital Connections Mind | Body | Spirit | Community

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**Porch Hopping!** As part of Senior Center month we will be doing porch visits. Would you like for us to visit you? Call us at 336-753-6230 or email [ccrook@daviecountync.gov](mailto:ccrook@daviecountync.gov). We will draw 5 random “winners” each week to visit. We will be bringing surprises along! You need only register once and your name will be included in each week’s drawing.

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**Tuesday, September 1 - 2:00pm - Craft kit pickup - *Call by Friday, August 28 to reserve your pumpkin craft kit - limit of 25!***

**Thursday, September 3 - 1:00pm - Pumpkin Craft via Facebook Live!** Join staff as they show you how to make various pumpkins for your fall décor. One version is the instructions for the craft kit you picked up. The others will be shown to provide ideas.

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**Thursday, September 10 - 11:00am - Senior Center Month Carnival**

The date changed due to forecast of rain and thunder storms. Join us for a carnival in the parking lot. You will stay in your car & play some carnival games. Limited to 30 cars. Open to those 55 and older.

***Call to Reserve Your Spot No Later than Tuesday, September 8th!***

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**Thursday, September 17 - 11:00am - Birthday Party for all September Birthdays**

If you were born in September, join us for a parking lot celebration! You will stay in your car & we will bring the cake & ice cream to you. Limited to 30 cars. Someone 55 & older in each car must have a birthday in September. We will have a party each month so you won’t miss out. Open to those 55 and older.

***Call to Reserve Your Spot No Later Than Friday, September 11th.***

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**Wednesday, September 30 - 11:00am - Visual Arts Expo**

Join us for a Zoom meeting where you can share your recent drawings or paintings. Following the meeting send a picture of your works to [ccrook@daviecountync.gov](mailto:ccrook@daviecountync.gov) so we can share them on Facebook! Open to those 55 and older. ***Want to participate? Call 336-753-6230 No Later Than Monday, September 28 so we can share instructions on how to join the meeting!***

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**See back for more!**

## **GUIDELINES FOR PARKING LOT / DRIVE-THROUGH EVENT PARTICIPATION:**

- Events open to those 55 and older
- You must stay in your car at all times
  - Masks are encouraged
- For parking lot events, park in designated spots only
- For drive-through events, please note traffic pattern indicated by arrows (may be different than normal traffic pattern)
- We encourage only those who reside in the same household to share cars. Be sure to tell us how many will be in your car when you register.
- For parking lot events, only those who have registered in advance will be admitted to the lot
  - Registration deadlines will be strictly adhered to so please do not miss them
  - All events take place outside our building, 278 Meroney Street, Mocksville
  - Call us at 336-753-6230 to register or with questions

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## **Additional Seminars/Happenings:**

- **Thursday, September 3, 12pm—The Lifelong Learner—Zoom 101**  
We've partnered with the library for this class. Join Jazmyne as she gives a virtual tutorial on the basics of Zoom. No experience needed!  
<https://meet.jit.si/DCPLVIRTUALTUESDAYS>.
- **Wednesday, September 9 - Learn Table Tennis** - We will share a video link from NC Senior Games to teach you how to play table tennis. It will even show you how to enjoy the game if you don't have a ping pong table. Contact Senior Services in advance if you wish to receive the link.
- **Wednesday, September 16 @ 1:00pm - Caregiver Academy via Zoom** - Contact Senior Services in advance for Zoom link and/or help accessing Zoom.
- **Fall Prevention Awareness week is September 21-25—Join the Area Agency on Aging for a Virtual Health Fair!**
  - ⇒ Monday, September 21, 10-10:45am - Balance Exercises
  - ⇒ Tuesday, September 22, 10:30-11:00am or 2-2:30pm - Social Isolation
  - ⇒ Wednesday, September 23, 10-12pm - Home Modifications
  - ⇒ Thursday, September 24, 10-10:45am - Medications and Fall Risk
  - ⇒ Friday, September 25, 10am-12pm - Fall Screenings

*These will be Zoom meetings. Stay tuned to <https://www.ptrc.org/services/area-agency-on-aging> for more details and to register.*
- **Each Tuesday in September, 1-2pm - GotPlans™** Trellis Supportive Care offers advance care planning workshops virtually through Zoom. For more information contact Karen Lawler at [klawler@TrellisSupport.org](mailto:klawler@TrellisSupport.org) or call [336-331-1232](tel:336-331-1232)
- **Monthly Stay at Home Bingo game** - cards available on website, Facebook, at meal pick ups or can be emailed - prizes awarded (55 and older)

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Davie County Senior Services  
278 Meroney Street, Mocksville, NC  
[www.daviecountync.gov/seniorservices](http://www.daviecountync.gov/seniorservices)  
**336-753-6230**

***To be sure you get all the news about upcoming events, get added to our weekly email list. Just call the office to have your email address added to the list. Also be sure to view and like our Facebook page!***